



## Episode 17: Wrap Up

Start talking! Bring up these conversations with your friends, with your family, with people you don't know! Talk about it on social media?? Tag @disarmingdisability. Happy thinking, and thank you for creating a more inclusive society.

1. What does the term Disability mean to you?
2. What did you learn/favorite moments or topics from this season?
3. What do you still want to learn about?
4. What has been your big ah-ha moment this year?
5. What are 3 tangible things you can do in the next 6 months to help move the Disability Movement forward in a positive direction?
6. Do you feel empowered to control your narrative? What are three phrases that you can use if you feel others are controlling your narrative in an unfavored way?