



## **Episode 5: Black Lives Matter: Art Sims and Nakia J. Green**

Start talking! Bring up these conversations with your friends, with your family, with people you don't know! Talk about it on social media?? Tag @disarmingdisability. Happy thinking, and thank you for creating a more inclusive society.

1. What is happening in your world right now? How are you feeling about all of it?
2. How has your life been disrupted? Was it already disrupted?
3. What is "the system?" Have you experienced it? What does it look like/what does it feel like?
4. Who are the Black Leaders in your community? And what is their messaging?
5. What do you hope for the world when we all come out of it, what is your dream?
6. What tools do you have access too? What resources do you have access too to educate yourself on these social issues?
7. What are tangible action steps you can take to help build the positive change as a result of this movement?