



Season 1 Episode 12: Discussion Questions Chapter 3: What did we learn?

Start talking! Bring up these conversations with your friends, with your family, with people you don't know! Talk about it on social media?? Tag @disarmingdisability. Happy thinking, and thank you for creating a more inclusive society.

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1. What does it mean to be an ally?
2. Reflect on a time when someone was advocating for your needs, did you feel listened to? Did you feel heard?
3. What are ways to create space for someone to share their needs?
4. What are ways to create community for people with disability, even a disability different from your own?
5. What do you need from an ally?