Disarming Disability

www.disarmingdisability.com

Season 1 Episode 1

Start talking! Bring up these conversations with your friends, with your family, with people you don't know! Talk about it on social media?? Tag @disarmingdisability. Happy thinking, and thank you for creating a more inclusive society.

1. What are the messages you have received about disability?

2. What does disability mean to you?

3. What labels do you give yourself that you identify with positively?

4. What are the messages you have received about the label you give yourself?