



### Season 1 Episode 3: Discussion Questions

Start talking! Bring up these conversations with your friends, with your family, with people you don't know! Talk about it on social media?? Tag @disarmingdisability. Happy thinking, and thank you for creating a more inclusive society.

1. What are barriers you face that prevent or limit your ability to access things you need/want in your life? Barriers can be financial, environmental, political, social, emotional, physical, and cognitive?
  - b. What changes can we make as a society to reduce or eliminate these barriers?
2. What are areas where you do not experience barriers (that maybe others do face)?
3. What did you learn about disability history? Why was that interesting/important for you to learn?