



Episode 12: Medical Model: What did we learn from the experts?

Start talking! Bring up these conversations with your friends, with your family, with people you don't know! Talk about it on social media?? Tag @disarmingdisability. Happy thinking, and thank you for creating a more inclusive society.

1. In an ideal world, what does healthcare look like for you?
2. What are your thoughts on the roles of healthcare providers?
3. What are your thoughts on self-determination in the space for people with developmental disabilities/ cognitive disabilities?
4. Do you feel you have choice in your own medical decision making? What are the barriers you are facing?
5. Are there ways around these barriers? Or ways to create more choice should you want it?
6. What are the things you do to psych yourself with the physical and emotional energy to be ready to interact with the healthcare system?