



Episode 3: Getting Active: A Casting Directors Perspective

Start talking! Bring up these conversations with your friends, with your family, with people you don't know! Talk about it on social media?? Tag @disarmingdisability. Happy thinking, and thank you for creating a more inclusive society.

1. What is your story?
2. Who is telling your story to larger media outlets? Is this story accurate?
3. How do you get in the room with the leaders and build the accurate story?
4. What information or tools do you need to bring to the table?
5. Where do you develop these skills? List 4 places (people, organizations, trainings etc): names and contact information of resources that can help you.
6. Make a plan for reaching out to these resources to help develop your skillset.